

# **St. Michael's** Primary School Heyfield

# **NEWSLETTER No. 15**

# Friday, 11th September 2020

DIARY DATES TERM 3 SEPTEMBER Tuesday 15th

Thursday 17th

#### Friday 18th TERM 4 OCTOBER Monday 5th-9th

	Remote Learning
Thursday 8th	Newsletter challenge due in
Monday 12th	All students return to onsite
	learning
	Wellbeing workshops P-6
Monday 19th-22nd	Book Week
Thursday 15th	School Photos with Louise
Monday 19th	Wellbeing workshops P-6
Friday 23rd	AFL (Thank You Day) -Public
	Holiday
Monday 26th	Final Wellbeing Workshop

Talk Like a Pirate day

Learning Pack Pick Up

Last day of term 3 (students)

**School Closure Day - Staff PD** 

Students commence Term 4 -

**REMINDER TO ALL PARENTS:** Whilst coronavirus restrictions apply, please remain outside the school gates unless it is essential that you come in. If you need to come inside, only go to the office and wait there until someone attends to you.

### PRINCIPAL'S MESSAGE

The holidays are looming and I think most people will be looking forward to a break from remote schooling (I know the staff will be). However, it would seem that these are going to be very different holidays to what we would normally experience due to the restrictions. I think everyone is going to have to come up with some very creative ideas for 'getting away' in their own backyard. I



TERM 3 - 13 July - 17 September\* TERM 4 - 5 October - 18 December

#### \*Pupil Free Day - 18th September

PUBLIC HOLIDAYS: Term 4 Friday 23 October (AFL -Thank You Day)

have seen photos of families sitting around a campfire and toasting marshmallows in front of their tent in the backyard, relaxing with a cocktail beside their backyard swimming pool and having big screen movie nights outside with the whole family. With the way our garden looks at the moment, I think Pete and I could be on a jungle safari. Please share with us your 'holiday snaps at home' so that we can enjoy some light moments. Personally, I am really looking forward to the sleep-ins of a morning. I am glad that we will be able to have family come to visit with the lessening of the restrictions, even if we have to be outside. I have really missed my grandchildren and, no matter how often we 'zoom', it really isn't the same. For children, I think the online space is a challenge because the interaction is a lot more concentrated than when it is face to face. They have to keep the conversation going whereas when they are visiting they can come and go in conversations. Enjoy the break everyone and stay safe and well.





St Michael's Primary School acknowledge and pay our respects to the Gunaikurnai people, traditional custodians of the land on which the school is built. As a school community, we commit to walk alongside our First Nations people for reconciliation, truth and justice.





#### SUMMER UNIFORM & SPORTS DAYS

As we are commencing term 4, students will be wearing their summer uniform and they will also be expected to be 'Sunsmart' and wear their school hat. JSM can be a bit slow with our uniform so please check through your child's uniform to make sure that everything still fits and get onto it now if you need to order new items. Sports days will continue to be on Mondays and Wednesdays there is no change to this. These are the only days that students are to wear their sports uniform. We ask that parents monitor this and support us in creating pride in our school through wearing the uniform. If at any time your child is unable to wear the correct uniform, please send your child's classroom teacher a message on Dojo or a handwritten note. I will emphasise that all socks (sports or school) need to sit above the ankle, not on the shoe line.

If you need help with uniform, please contact Jenny Miller.

#### SCHOOL PHOTOS

We are finding it very frustrating having to postpone the school photos due to the health restrictions and I am sure you are too. So far we have cancelled three times! Our

back up plan was to have Louise Cheshire take the photos (she is a photographer) but we were in lockdown before this could happen. We have John Ansell Photography booked on 24<sup>th</sup> November (his only available time) but we are also going to get Louise to take photos (individual, class, family, buddies, etc.)



on **Thursday 15<sup>th</sup> October** as a backup in case we go into lockdown again. **Please make sure that your child is** wearing the correct uniform on this day.

#### **ST MICHAEL'S SUMMER UNIFORM**



**BOYS' UNIFORM** 

logo

Grev Shorts

Short Sleeve blue shirt with

Grey socks with navy stripe Black school shoes ALL STUDENTS Woollen Jumper Hat with logo

GIRLS' UNIFORM

Black school shoes

Navy culottes/skort White socks

Black school shoes

Short Sleeve white shirt

Option 1

Option 2

Tartan dress White socks







#### **STAYING SAFE ONLINE**

I think the recent scare with TikTok and the live streaming of a traumatic video highlighted the importance of being aware of what your children are accessing online, particularly sites that are not meant for children and are age restricted. It also highlighted the importance of having those conversations with children about what to do if something they saw online made them feel uncomfortable or was distressing. As parents, you want them to be able to talk to you openly and honestly so that when something like the TikTok video comes along, they will know they can come to you. It is a sad fact of life in an online world that not every distressing thing can be removed from your children's lives, no matter what controls you have in place. Better to arm them with the strategies and support to deal with it when it arises. Go to the eSafety Commissioner website https://www.esafety.gov.au/ to find up to date and helpful information on how to have these discussions.



#### SUPPORTING YOUR CHILD'S WELLBEING

Due to the trauma caused by the bushfires and now the impact of the pandemic on everyone's wellbeing, we have organised for psychologist, Maria Umberto from Salutegenics, to run online workshops with each class. These will be conducted over a period of three weeks once students return to school and will commence from Monday, 12<sup>th</sup> October. Maria will be focusing on mindfulness, positivity, optimism and resilience. She will be conducting interactive sessions with each grade and will give follow up support to the classroom teachers. I had the opportunity to see Maria in action during one of our Principal workshops and was very impressed with her. We are fortunate to have been the recipient of a government grant and this will help to fund the program. We are also looking at other ways to support your children's wellbeing and will get back to you on this. We would really like to introduce music therapy but need to tap into someone with the right expertise. If you have any suggestions, please let Jenny Miller know.



#### STAFF PROFESSIONAL LEARNING DAY: STUDENT SOCIAL AND EMOTIONAL LEARNING

Next Friday is a closure day so no children will be doing school, remote or onsite. This is an opportunity for staff to work on a Social and Emotional Wellbeing program called 'You Can Do It'. All staff will be working on the modules on the Friday so that we all have the same understanding, are using the same language and can all support students' social and emotional growth. The program will be adopted at a whole school level as well as at a class level. It is one of the few SEL programs endorsed by 'Beyond Blue' so it comes well credentialed and the learning itself, through 'Program Achieve', has a strong evidence base to support its efficacy. I have attached a picture to show you how the program is structured. Social and emotional learning influences not only student wellbeing but student engagement, learning and achievement. We think this program will be an excellent addition to what we are already doing in terms of ensuring our students' social and emotional wellbeing. Expect to hear more as we continue learning. We envisage that the program will be implemented from 2021 as we need to lay the groundwork first.





#### **MYSTERY PERSON**

Did you guess that the last mystery person was Kristie Missen? See if you can guess who our Mystery Person is for this week.

## mystery person HOBBIES & SPORTS: HOLIDAY PLACE Basketball, football & cricket *Yummiest food* EVER: Gold Coast tv show COLOUR REGULAR SHOW GREEN Roast Lamb Favourige movie: **Regular Show** BEST GAME to play: Avengers JRA NBA 2K20 **DEEPEST SYMPATHY**

Our thoughts are with Lauren Bayliss and her extended family after the loss of their beloved grandmother and great grandmother, Doris Walker.



#### **BIRTHDAYS**

Happy Birthday to the following people who celebrated their birthday during the last fortnight.

No birthdays during this time



#### **STARTING BACK FOR TERM 4**

Everyone should have received the messages by now via email that:

- Next Friday is a closure day so Thursday is the last day of term 3.
- The first week of term 4 will be remote schooling.
- All students from Prep to Year 6 begin at school on Monday 12<sup>th</sup> October.
- Only the main entrance gate and the inner church gate (near the cubby) will be open in the morning so that we can temperature test every student.
- All three gates will be open at the end of the school day.

Reminders will be sent out via the app. and if there are any changes we will be in touch via email. I try to keep the website updated with all current information as well, so



keep checking this.

We'd like to welcome Caleb and his family to St Michael's. Caleb has commenced in Year 4 and has stepped into remote learning like a seasoned professional! Well done Caleb, you obviously have a 'can do' attitude. We hope you have a great time at St Michael's.



#### **HOLIDAY CHALLENGES**

As we are heading into the holidays, I thought it might be good to have a couple of challenges. These are totally voluntary so it is up to you whether you participate or not; we always love to see photos or videos of your challenges so that we can share them with everyone else in our school community.

# CHALLENGE NUMBER ONE: THE LEAKPROOF BAG

Follow the attached instructions to do the science experiment (make sure you are outside when you do this). The challenge is to see how many pencils you can get through your bag without it popping!



#### CHALLENGE NUMBER TWO: ICE CREAM MAKER

Make up your own ice cream flavour. Be creative and try different flavour combinations. It must have at **least one** fresh fruit in it though and you have to start with plain vanilla ice cream. Take a photo of you with your ice cream creation and share the ice cream with your family! Ask them to give you feedback on how successful you were and share this with us.





#### LAST FORTNIGHT'S CHALLENGE WINNER

Congratulations to Luther for making a very intricate and creative card structure. I hear that he did this all by himself and worked out how to make the cards fall like dominoes. You can view his winning entry on our website. Our runners up were Lottie, Tori and Oscar.

This activity proved to be more challenging than I'd thought and it involved lots of perseverance and patience,



not to mention a few tears as well from the feedback I was getting from parents.





#### St. Michael's Primary School

Why won't this

work?





My Dad makes me langh when... when we play football and basket When we go fishing when we do elimination ball . when we play board games when we watch tv ownen we play video games Not only is he a hilarious father he's a caring and great Dad

We hope all the dads and special people in our children's lives felt very loved on Fathers' Day. Thank you Phoenix for sharing with us.



This is Oscar's final tower after many attempts. His mum sent this photo in and said that Oscar had tried and tried but kept having his tower fall. However, he did keep going and they had lots of laughs while he tried.

